

Corporate Health Screen Offerings

Fasting blood tests offered:

- **Health Screen with Lipid and Iron**, \$20, a 23-test chemistry profile—includes diabetes screen, kidney function screen, liver enzymes, iron and lipid profile.
- **Lipid Profile**, \$12, measures triglyceride, cholesterol, HDL and LDL.

Fasting tips:

- Do not eat for 12 hours before screening
- Sips of water only
- Avoid caffeine products and alcohol for 12 hours before screening
- Take medicines on normal schedule

Non-fasting blood tests offered:

- **Glycosylated Hemoglobin (A1C)**, \$10, measures glucose (blood sugar) level over time.
- **Hemoglobin**, \$5, measures the protein inside red blood cells that carries oxygen to the body's organs and tissues.
- **Prostate-Specific Antigen**, (PSA), \$10, early screening test for diseases of the prostate.
- **TSH**, \$10, measures thyroid function.

Also available:

- **Body Composition**, \$5, measures percentage of body fat versus muscle mass.
- **Blood Pressure Checks**, free.

New service!
Wellness coaching

A free, follow-up presentation can be scheduled to explain results and answer questions.

Call (319) 483-1360
for more information.

WAVERLYHEALTH
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